

SHEEPY SCHOOL NEWSLETTER

Edition 15: 24th April 2026



Welcome Spring!

Let's embrace the sunshine and fresh beginnings
that Spring brings to our community!

Diary Dates

Fri 1st May

Swaledale Maypole
Competition

Mon 4th May

Bank Holiday Monday

Tues 5th May

Sports Day (weather
permitting) 1pm

Mon 11th - Thurs 14th May

Sats Week

Thurs 14th May

Library Bus

Thurs 21st May

Y5/6 Unity Netball
Tournament

Fri 22nd May

Break up for half term.

Mon 25th - Fri 29th

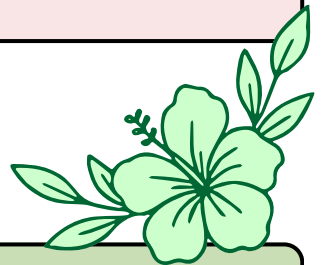
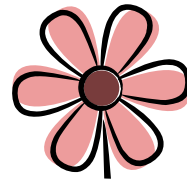
HALF TERM

Mon 1st - Weds 3rd June

Swaledale to Whitemoor
Lakes

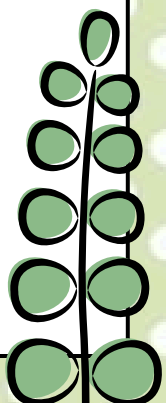
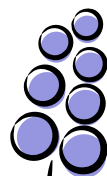
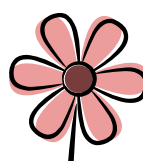
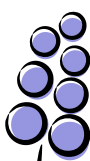
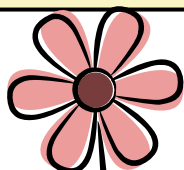
Friday 5th June, 2.30pm

Swaledale Class Assembly



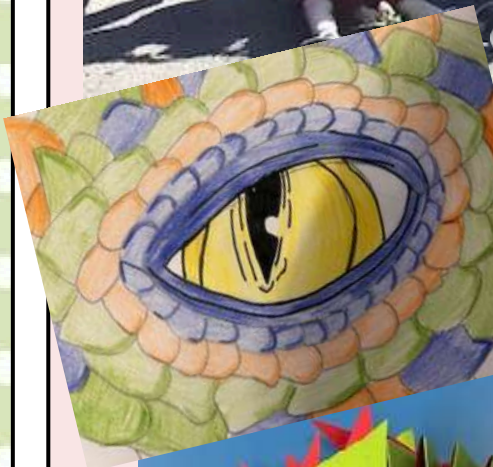
Uniform Swap Shop

There is a uniform swap shop in the
Community Library in Market
Bosworth. They have reportedly got
lots of Sheepy uniform and will also
accept further donations of Sheepy
and other local school uniforms.



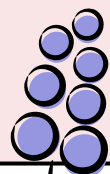
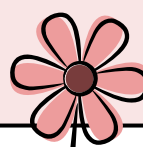
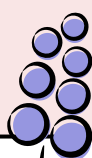
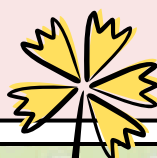
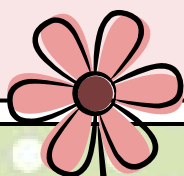
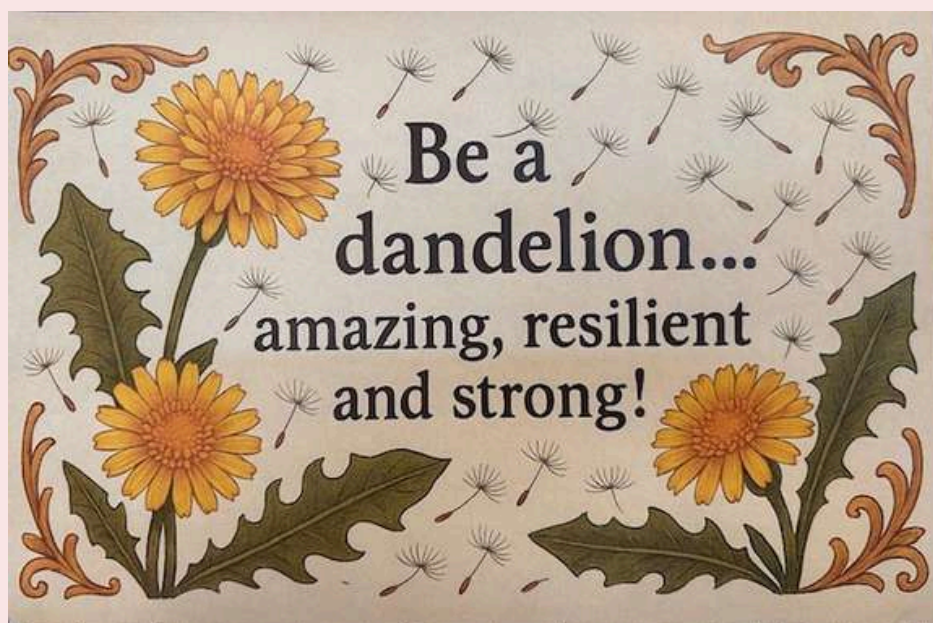
St George's Day

Children across school have been learning all about St George, the patron saint of England. The children have been making dragons, playing games, drawing dragon eyes and incorporating all things St George and the Dragon into their English and Maths.



Month of the Military Child and Dandelion Day

We held a pop up prayer station on Wednesday 15th March to take time to reflect on the lives of Military Children who often have to uproots and move around the country / world according to their parent's postings. As children reflected, together we created this beautiful dandelion display and reflected on the value of resilience which these children need.





WHOLE SCHOOL BUSHCRAFT DAY



17.04.26

The younger children enjoyed a teddy hunt and helped to make Sophie's shelter comfortable. The older children learnt how to tie a hitch knot and worked in teams to build a waterproof, comfortable shelter of their own. We all had a go at using a flint and steel to make a spark and the Year 6 learnt how to build a fire and keep it going.

Everyone had a great time and hopefully everyone learnt some new skills!

let
THE
Adventure
BEGIN



CO-OPTED SCHOOL GOVERNOR WANTED!



School governors are volunteers who work as part of a team to support the strategic leadership of the school.

As a co-opted governor, you will:

- Contribute to setting the vision, ethos, and strategic direction of the school.
- Hold leaders to account for the educational performance of pupils and the effective management of staff.
- Oversee the school's financial performance and ensure resources are used well.
- Support and challenge leaders, acting as a critical friend.

What we're looking for

You don't need to be an expert in education. We are particularly interested in people with experience in:

- Finance and business management
- Health and Safety

Most importantly, we are looking for someone with commitment, curiosity, and the willingness to make a positive impact on the lives of children and young people.

Governors serve a four-year term of office. The role involves attending three full governing body meetings per year, plus committee meetings and occasional school visits. You will also be expected to undertake training.

A GUIDE TO SCREEN TIME



How to help
little brains develop
healthy screen habits

How much screen time should my child have?

Limit total screen time, wherever possible.

Under 2 yrs: Avoid screen time except shared activities with family that encourage bonding and interaction.

2-5 yrs: Try to keep to 1 hour a day. Less if possible.



Young children's brains are over-stimulated more easily than adults', so they need specifically tailored content.

Slow paced content:

Choose content with simple stories and clear, slow speech, so emotions are easy to follow.



What content is better content?



Safe content: Use parental controls to block inappropriate, harmful material.

Social media: This isn't made for young brains, so it should be avoided.

AI: Don't let them use AI toys, tools, or chat-bots until we know more about their effects on children.

Safe screen swaps:
Switch fast-paced style videos for slower-paced content with simple stories.

How does my screen use affect my child?

Lead by example: Children's brains are like sponges – they'll copy your screen use habits. Be mindful of how often you use screens around your child.



Set clear boundaries for screen use. This gives children time for activities and play that help them develop.

Avoid young children using screens alone. Try to keep bedrooms and mealtimes free from screens.

Why not try... watching and discussing content with your child? Conversation helps their development.



Safe screen swaps:

Mealtimes: Swap screens for music, games or conversation – make it social.

Bedtimes: Swap screens for bedtime stories 1 hour before sleep.

**When and
where
is it okay for my
child to use screens?**

Children with disabilities or special educational needs may benefit from tailored screen use. And for some, assistive technology can be an important tool for communication and everyday participation.

**My child
has SEND.**
Is the advice the
same for us?

They also need ample time for interaction, play, and sleep. Try to avoid screen time for these activities.



How does screen time affect my child's development?

Large amounts of screen time are linked with negative effects on children's health and development. It can affect social, emotional, language & brain development, sleep, eyesight and weight.

Young children learn best through warm interaction with parents and carers – reading, play and conversation. These early moments build the foundations for life.



LEICESTERSHIRE
MUSIC

Recorder Rockers Ensemble!

**Come along to our Open Session
on Saturday 2nd May 2026 at
Haymarket Theatre, Leicester**

**The group will rehearse
between 1:30 - 2:30pm**

**Please register to
secure your place**

This is a **FREE activity
open to all Recorder
Players in Year 3 & above.**



Scan the QR code to Register



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